

# LET'S MOVE BLAIR COUNTY



Healthy  
Blair County  
Coalition

*Eat Healthy,  
Get Active,  
Have Fun!*

## Launch Events

On June 21 the Healthy Blair County Coalition will launch Let's Move Blair County, an offshoot of the nationwide program Let's Move! This local initiative is meant to address the problems of physical inactivity and obesity faced in our community. The goal of Let's Move Blair County is to help our communities make healthier choices.

**JOIN US ON JUNE 21 FOR A FUN-FILLED DAY OF HEALTHY ACTIVITIES!**

*Learn about existing and new resources that are available to you in your area.*

**ALTOONA**  
**MANSION PARK**

**10AM - 1PM**

**Rain Location:**  
**EAST JUNIATA**  
**COMMUNITY CENTER**

**BELLWOOD & TYRONE**  
**NORTHERN BLAIR REC CENTER**

**10AM - 1PM**

**SPRING COVE & CLAYSBURG**  
**EAST FREEDOM - THROUGH, INC.**

**10AM - 1PM**

**HOLLIDAYSBURG**  
**TIGER STADIUM**

**10AM - 1PM**

**WILLIAMSBURG**  
**HIGH STREET**

**10AM - 1PM**

### 51/67

Did you know that Blair ranks 51 out of 67 PA counties in the statewide health rankings? Let's Move Blair County is an initiative created by the Healthy Blair County Coalition. The mission of the Healthy Blair County Coalition is to assess and hopefully impact all aspects of a healthy Blair County by sharing resources, engaging local partnerships, and implementing strategies and programs that will make a difference in the lives of residents and the community itself. A healthy Blair County means impacting social, economic, emotional, and physical needs. Let's change these numbers. LET'S MOVE BLAIR COUNTY!



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