

# Claysburg Elementary Lunch Menu

Food Service Director: Courtney Shultz  
cshultz@cksd.k12.pa.us  
814.239.5141 Ext 1115

## May 2017

The  
**Nutrition**  
Group



### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk

\*Students must choose at least one fruit or vegetable



### Fresh Fruits and Vegetables Offered Daily

\*Vegetables may include:  
Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber  
\*May choose two 1/2 cup servings






\*Fruits may include:  
Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Peas  
Applesauce  
\*May choose one 1/2 cup serving

**MENUS SUBJECT TO CHANGE**

### Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
Fat Free White and Low Fat White

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
<b>05/01</b> <b>Mac &amp; Cheese</b> w/ <b>WG Sliced Bread</b> Steamed Peas Chilled Peaches Variety of Milk	<b>05/02</b> <b>Salisbury Steak</b> w/ <b>WG Dinner Roll</b> Scalloped Potatoes Green Beans Mixed Fruit Variety of Milk	<b>05/03</b> <b>Corn Dog Nuggets</b> Steamed Broccoli Mandarin Oranges Variety of Milk	<b>05/04</b> <b>Cheese Burger on a WG Bun</b> Baked Beans Steamed Carrots Apple Sauce Variety of Milk	<b>05/05</b> <b>NATIONAL HOAGIE DAY!</b> <b>Ham &amp; Cheese Hoagies</b> Steamed Green Beans Diced Peas Variety of Milk 	<b>Week 1</b> <b>Daily Alternate</b> Peanut Butter and Jelly Sandwich <b>Tuesday and Thursday:</b> Ham & Cheese Munchable
<b>05/08</b> <b>French Toast Sticks</b> w/ <b>Sausage Patty</b> Tater Tots Roasted Chic Peas Mixed Fruit Variety of Milk	<b>05/09</b> <b>Chicken Patty Sandwich</b> Steamed Broccoli Sliced Peaches Variety of Milk	<b>05/10</b> <b>Cheese Steak Hoagie</b> Romaine Salad Steamed Peas Apple Slices Variety of Milk	<b>05/11</b> <b>Pork Roast w/ Stuffing</b> Mashed Potatoes w/ Gravy Steamed Corn Applesauce Variety of Milk	<b>05/12</b> <b>Hot Dogs on a WG Bun</b> Steamed Carrots Mandarin Oranges Variety of Milk	<b>Week 2</b> <b>Daily Alternate</b> Peanut Butter and Jelly Sandwich <b>Tuesday &amp; Thursday:</b> Ham & Cheese Munchable
<b>05/15</b> <b>Popcorn Chicken Bowl</b> w/ <b>Mashed potatoes</b> Steamed Corn Chilled Peas Variety of Milk	<b>05/16</b> <b>Hot Ham &amp; Cheese on a Pretzel Roll</b> Roasted Chic Peas Pineapple Tidbits Variety of Milk	<b>05/17</b> <b>Meatball Hoagie w/ Cheese</b> Steamed Peas Sliced Apples Variety of Milk 	<b>05/18</b> <b>Pasta w/ Meat Sauce w/ Bread Stick</b> Steamed Carrots Mandarin Oranges Variety of Milk	<b>05/19</b> <b>Chicken Nuggets W/ WG Dinner Roll</b> Steamed Green Beans Mixed Fruit Variety of Milk	<b>Week 3</b> <b>Daily Alternate</b> Peanut Butter and Jelly Sandwich <b>Tuesday &amp; Thursday:</b> Ham & Cheese Munchable
<b>05/22</b> <b>NATIONAL VANILLA PUDDING DAY!</b> <b>Grilled Cheese Sandwich</b> w/ <b>Tomato Soup</b> Steamed Broccoli Apple Slices Vanilla pudding Variety of Milk	<b>05/23</b> <b>Sloppy Joes on A WG BUN</b> Tater Tots Refried Beans Mandarin Oranges Variety of Milk	<b>05/24</b> <b>Italian Dunkers</b> Steamed Carrots Mixed Fruit Variety of Milk	<b>05/25</b> <b>COOK-OUT DAY</b> <b>Bacon Cheeseburgers or Hot dogs</b> Baked Beans Apple Sauce Variety of Milk 	<b>05/26</b> <b>BBQ Pulled Pork On a WG Bun</b> Romaine Salad Steamed Peas Pineapple Tidbits Variety of Milk	<b>Week 4</b> <b>Daily Alternate</b> Peanut Butter and Jelly Sandwich <b>Tuesday &amp; Thursday:</b> Ham & Cheese Munchable
<b>05/29</b> <b>NO—SCHOOL MEMORIAL DAY</b> 	<b>05/30</b> <b>PIZZA DAY</b> <b>Cheese Pizza</b> w/ <b>Baked French Fries</b> Steamed Peas Mixed Fruit Variety of Milk	<b>05/31</b> <b>Fish Sticks w/ WG Sliced Bread</b> Sweet Potatoes Steamed Broccoli Mixed Fruit Variety of Milk	<b>06/01</b> <b>BAGGED LUNCHES</b> <b>Ham &amp; Cheese Sandwiches</b> Bagged Chips Baby Carrots Apple Variety of Milk	<b>06/02</b> <b>LAST DAY OF SCHOOL NO-LUNCH</b> 	<b>Week 5</b> <b>Daily Alternate</b> Peanut Butter and Jelly Sandwich <b>Tuesday &amp; Thursday:</b> Ham & Cheese Munchable
<b>Monday</b> Chicken Nuggets with Bread	<b>Tuesday</b> Hot Dog on a Bun	<b>Wednesday</b> BBQ Rib	<b>Thursday</b> Breaded Chicken Sandwich	<b>Friday</b> Cheese Pizza	<b>Lunch Prices:</b> Paid \$2.00 Reduced \$.40